



What You Need to Do to Keep Your SNAP Benefits



SNAP rules have changed.

Some adults must **complete 80 activity hours** each month to keep SNAP.

Activity hours can include

- ✓ Work (paid or unpaid)
- ✓ Volunteer or community service
- ✓ Job training
- ✓ Workforce education programs
- **You can combine activities to reach 80 hours.**



➤ Who Needs to Complete Activity Hours?

You may need to complete activity hours if you

- Are age 18 to 64
- Are not caring for a child under age 14
- Are able to work
- Do not qualify for an exception

➤ Who Does Not Need to Complete Activity Hours?

You do not need to complete activity hours if you

- | | |
|---|---|
| ☐ Are pregnant | ☐ Receive unemployment benefits |
| ☐ Have a disability or receive SSI | ☐ Are in certain treatment programs |
| ☐ Work 30+ hours per week | ☐ Are Native American |
| ☐ Are a student (at least half-time) | ☐ Are living in a waived county or Pueblo (Luna County, Laguna Pueblo, San Felipe Pueblo, Taos Pueblo, and Tesuque Pueblo) |
| ☐ Care for a child under age 14 or someone with a disability | |

➤ **If an exception applies to you, report it and provide proof.**



>> Important Changes

- >> Some groups who were previously exempt may now need to meet activity hour requirements if they do not qualify for another exception.
 - Includes veterans, people experiencing homelessness, and young adults leaving foster care
- >> Rule now applies up to age 64

>> How to Keep Your Benefits

- ✓ Make sure your contact information is up to date
- ✓ Watch for mail from HCA and respond right away
- ✓ Complete 80 activity hours each month (if required)
- ✓ Report any exceptions and provide proof
- ✓ Keep records of your activity hours

>> When to Report Activity Hours

- When you apply for SNAP
- At SNAP renewal
- If your activity hours drop below 80 hours each month



Need Help?

-  Use the Chat at **YES.NM.GOV**
-  Call **1-800-283-4465**
-  Visit your local **HCA Income Support Division office**
-  Learn more at **HCA.NM.GOV/KeepYourBenefitsNM**

